

# **Navigating Grad Life Chat with a Counselor**

## **Wednesdays from 4-5pm**

**Virtually Only via Zoom**  
**Facilitated by Devonte Joynes, LCPC**

**Are you a graduate student  
looking for some support?**

**Are you dealing with impostor  
syndrome or phenomenon?**

**Having trouble adjusting to  
professional life?**

**You're not alone!**

Chat with a Counselor sessions are brief, informal, confidential, one-on-one, virtual or in-person, self-scheduled appointments open to all JHU students and learners, regardless of their identity, who wish to chat with a Mental Health Services clinician about anything related to mental health & well-being.

**Scan the QR Code  
to make an  
appointment:**

