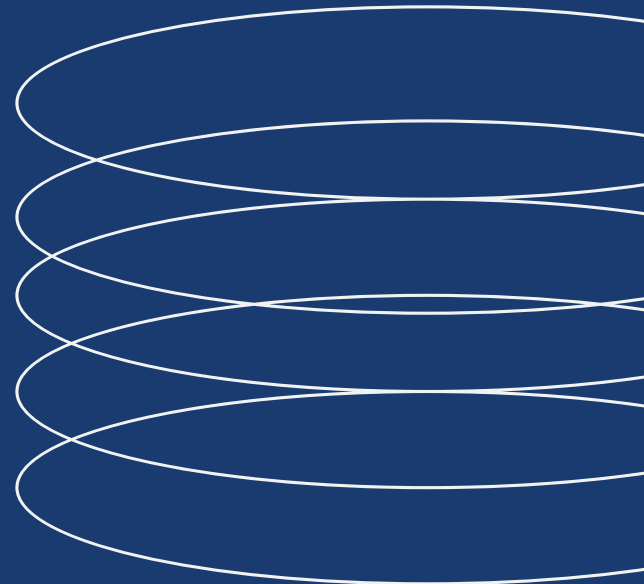




JOHNS HOPKINS
UNIVERSITY

Student Health & Well-Being
Mental Health Services

*APA-Accredited
Doctoral Internship*





Student Health & Well-Being
Mental Health Services

Letter from the Training Director

DEAR PROSPECTIVE INTERN,

Welcome to the website for the Doctoral Internship at the Johns Hopkins University - Mental Health Services - Homewood Counseling Center! Thank you for considering this program for your capstone training year! Choosing an internship site is both exciting and overwhelming and we are fully aware that so many factors, both personal and professional, go into making the decision about where to apply. We hope the following pages will guide you in that process. Additionally, I want to highlight some important information about our site.


The Homewood Counseling Center is located on the Homewood campus of the Johns Hopkins University. We serve undergraduate and graduate students and learners of the university across our Baltimore and Washington, D.C. locations, of a population totaling over 6,000 undergrads and 25,000 graduate students. The Doctoral internship has been accredited by the American Psychological Association (Office of Program Consultation and Accreditation, 750 First Street, NE, Washington, D.C. 20002-4242; 202-336-5979) since 2003. We are also accredited by the International Association for Counseling Services (IACS) and are a member of both the Association of Psychology Postdoctoral and Internship Centers (APPIC) and the Association of Counseling Center Training Agencies (ACCTA).

We take pride in our program and the staff's commitment to training and mentoring a new generation of psychologists. Our training program subscribes to a practitioner-scholar model that emphasizes interns working in apprenticeship relationships with staff who value scientifically guided professional practice. Our model emphasizes training as a process through which interns develop not only the requisite knowledge and skills, but also the sense of professional identity necessary for emerging as professional psychologists. Infused throughout the service delivery model and training activities is a commitment to multiculturalism, diversity, and social justice. We believe in celebrating and honoring our multiple social identities and we recognize the importance of challenging biases and learning from each other. We strive to live out these values in our work with students, community, and each other.

We hope that through your review of the materials, you determine that what our program has to offer is an strong match for your training needs. Should you have any questions, please reach out to me at sbrookswoods@jhu.edu or 410-516-8278.

Warmly,

Shemika Brooks-Woods, Psy.D., CGP, AGPA-F
Associate Director of Training



Program Philosophy

PRACTITIONER-SCHOLAR MODEL

Our training program subscribes to a practitioner-scholar model that emphasizes interns working in apprenticeship relationships with staff who value scientifically guided professional practice. Our model also stresses the viewpoint of the internship training as a process through which interns develop not only the requisite knowledge and skills for an entry-level position, but also the sense of professional identity necessary for becoming professional psychologists. The program additionally strives to prepare future psychologists who are knowledgeable and sensitive with regard to issues of diversity.

SOCIAL JUSTICE & ADVOCACY

JHU Mental Health Services, and therefore, the Homewood Counseling Center and its Doctoral Internship program, grounds itself in the importance of social justice and in advocating for the mental health needs of underrepresented groups. To this aim, our training program has adopted the value statement on training and diversity endorsed by the American Counseling Center Training Agencies (ACCTA).

The goal of the training program is to support interns in their unique journey from trainee to independently functioning practitioner. Training activities are sequential and build upon existing intern strengths. In keeping with the Center's philosophy that learning is a lifelong process and that even seasoned staff are active participants in the learning process, we believe that learning opportunities will be available beyond the required training. We encourage interns to assume responsibility for their own learning and seek out opportunities that will help them become well-rounded professionals. Interns are supported in this endeavor by not only their individual supervisors, but also by the entire training staff.

Consistent with the value of life-long learning, the staff strongly encourages interns to actively engage in the feedback process throughout their internship year, not only for the purpose of their own enhanced learning, but also to add their voices to the ongoing improvement of the training program.



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Student Health & Well-Being
Mental Health Services

Internship Competency Areas



IN THIS SECTION:

PROFESSION-WIDE COMPETENCIES
PROGRAM SPECIFIC COMPETENCIES
SAMPLE INTERN WEEKLY SCHEDULE

Profession-Wide Competencies

In alignment with the APA Standards of Accreditation in Health Service Psychology, our internship program focuses training on nine profession-wide competencies (PWC) and one program-specific competency areas. These are:

Research

Professional Values
& Attitudes

Intervention

Ethical & Legal
Standards

Communication &
Interpersonal Skills

Supervision

Individual &
Cultural Diverstiy

Assessment

Consultation &
Interprofessional/
Interdisciplinary
Skills



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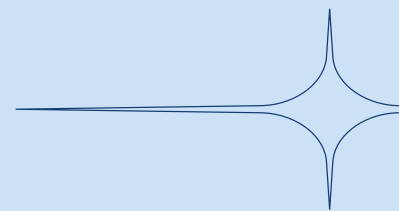
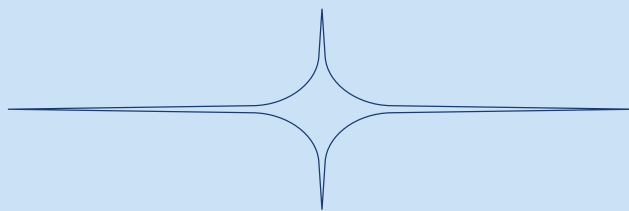
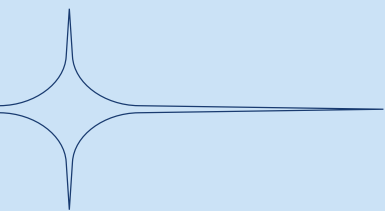
Program Specific Competencies

The required training and service delivery activities are based on these competencies:

Service Delivery Areas

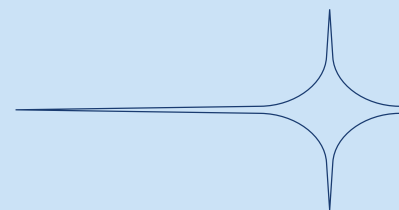
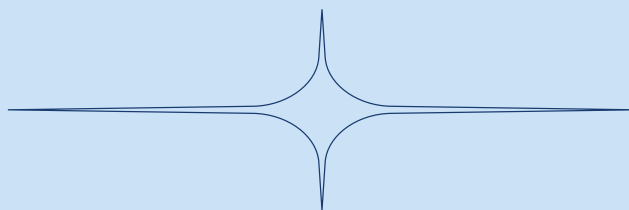
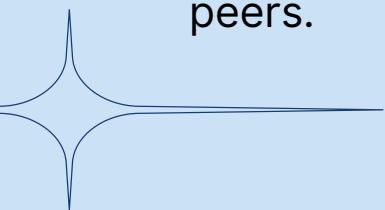
- **Initial Consultation (IC):** A 20-30 minute session with an eligible student/learner/client during which the expected outcome is that the counselor and client create a plan to address the presenting concerns.
- **Crisis Intervention:** Crises may be seen within the IC appointment or otherwise. When presenting during IC, a student/learner in crisis at times may require the IC to be extended beyond the 20-30 minutes.
- **Brief Individual Psychotherapy:** While MHS does not have any session limit, the aim of these individual sessions is to focus on an identifiable goal in as few sessions as possible.
- **Group Counseling:** Interns are expected to co-facilitate a minimum of one therapy group with a professional staff member during each of the Fall and Spring semesters of their internship year. Often beginning in the Spring semester, those who desire more group experience have the opportunity to facilitate a second group, through one of two options: (A) co-facilitating a second group with a professional staff clinician; or (B) partnering with another intern to co-facilitate a skills- and/or support group under the supervision of a professional staff clinician. For more information on our groups, please visit the Groups page of our website.
- **High Risk Case Consultation (HRCC):** All staff participate in a weekly meeting wherein high risk clients are discussed.

- **Outreach and Consultation:** Interns participate in outreach activities by 1) volunteering to provide programs requested by members of the university community; 2) facilitating workshops regularly offered by the Center; 3) participating in programming initiated by the Center; and 4) developing an independent outreach project in a concentration area to address a need they have identified in the community. Each intern is expected to do at least 5 outreach programs per semester, facilitate one workshop series per semester (first as a co-facilitator and then independently), and complete an independent outreach project.
 - **Outreach Project:** The Outreach Project is an opportunity for interns to express their passion and creativity while utilizing their outreach and consultation skills. The goal of the Outreach Project is for interns to contribute their specific interests and skills to the overall work and mission of JHU Mental Health Services and the Homewood Counseling Center. Interns will be required to do a brief presentation to the staff summarizing their project at its conclusion.
- **Formal Clinical Case Presentations:** Interns will present a case to professional staff using a format provided by the Training Director. This component is intended to provide interns with an opportunity to demonstrate to the professional staff their capacity to conceptualize, plan, and implement a brief course of treatment in a theoretically coherent fashion. The formal clinical case presentation serves as a good way to practice for job talks often required in interviews for post-doc and professional positions.

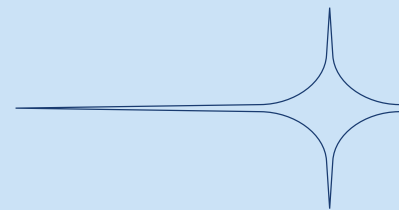
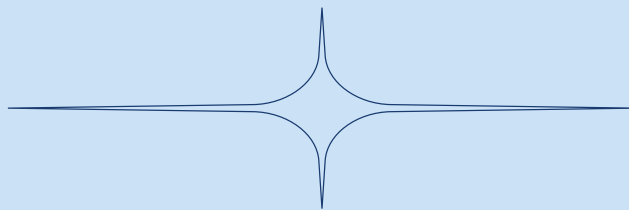
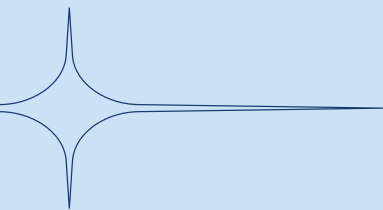


Learning Supports

- **Orientation:** Interns receive an orientation to the internship program at the counseling center, Mental Health Services, and the university community during the first three weeks of the internship. During this time interns are trained in the workings of Mental Health Services and also meet with other University Staff who are frequent collaborators or campus partners.
- **Weekly check-in meeting.** Interns and the Training Director meet as a group each week to discuss a variety of topics. Generally, meetings earlier in the internship year are focused on logistical processes and acclimatizing to the site. Over time, these discussions may focus more on professional development and other topics as needed.
- **Individual Supervision:** Interns will have two primary supervisors, one for each half of the year. All primary supervisors are licensed as psychologists in the State of Maryland and often in Washington, DC. Primary supervisors will provide two hours of individual clinical supervision per week for Initial Consultations, brief individual therapy, crisis intervention services, consultation, and case management. Interns will also receive supervision separately for their group work and outreach activities.
- **Supervision of Peer Supervision (SOPS):** This is a weekly co-facilitated seminar (by at least one licensed psychologist) to develop the supervisory skills of interns. Interns will receive didactic instruction on clinical supervision, multicultural supervision, and feedback upon supervisory responses to their peers.



- **Multicultural Seminar Series:** This is a bi-weekly seminar series that is co-facilitated by two professional staff members. The format of the seminar includes both didactic training and experiential exercises. The goal is for interns to reflect on their own privileged and oppressed identities, to gain more insight into their own biases, and to understand how these may affect the therapeutic and other professional relationships.
- **Training Seminars:** This series alternates with the Multicultural Seminar noted above. Interns participate in a series of 2-hour seminars, which meet bi-weekly through the majority of the training year. Seminar topics cover areas relevant for clinical practice in a university counseling center and may include other topics related to professional development as identified.
- **Intern Support Group:** Interns meet for one hour per week in a supportive space to process their internship experience and to discuss general matters relevant to professional development. A professional staff member who is not otherwise involved in the evaluation of the interns facilitates the group. This component is intended to directly support the emotional development of interns in a manner that complements, but is separate from, efforts provided in the primary supervision relationship.



Other Administrative & Professional Activities

- **Case Consultation Meeting:** Interns participate in staff case consultation meetings. These meetings focus on clinical and case management issues, such as internal and external referral of cases, ongoing crisis situations, clinical difficulties, ethical and legal issues, and the tracking of clients with significant suicidal features.
- **Staff Business Meeting:** Interns are involved in weekly staff meetings devoted to the administrative business of the center. These meetings offer interns opportunities to observe and participate in the management of the center through such activities as the development of center and Mental Health Services policies and procedures.
- **Professional Development Programs:** Interns participate in various professional development activities of Mental Health Services.



Intern Weekly Activities

Indirect

Individual Supervision	2 hours
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Supervision of Group	0.5 hours
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Supervision of Peer Supervision (SOPS)	2 hours
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Multicultural Seminar / Intern Seminar Series	2 hours
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Staff Meeting	1 hour
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High Risk Case Consultation (HRCC)	1 hour
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Intern Support Group	1 hour
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Committee/Workgroup	~1 hour
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Individual Case Management	~5 hours
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Subtotal:	~15.5 hours
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Direct

Initial Consultation (IC)	4 hours (2 shifts)
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Workshop	1 hour
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Treatment Group	1.5 hours
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Individual Clients	*18-20 hours
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Subtotal:	*24.5-26.5 hours
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Total:	*~40-42 hours
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*These numbers denote scheduled hours and do not take into account no-shows or cancellations.



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Student Health & Well-Being
Mental Health Services

Application & Selection Process




IN THIS SECTION:
TIMELINE
REQUIRED MATERIALS
QUALIFICATIONS OF APPLICANTS
BENEFITS

Timeline

The application deadline for the 2025-2026 internship year is **Friday, November 1st, 2024** by 11:59 p.m. ET.

The internship will start on August 4, 2025 and end on July 31, 2026



As a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC), only applications from students attending APA and/or CPA accredited doctoral programs and submitted through the online portal will be considered.



2022-23 intern cohort

Required Materials

1. A **cover letter** which addresses the applicant's training goals for the internship year, interest in the JHU counseling center internship program, and career goals.
2. A **curriculum vita**.
3. Completed **AAPI**.
4. All graduate **transcripts**.
5. Three **letters of recommendation** from persons who are familiar with the applicant's professional and/or academic performance (two of which should be from on-site clinical supervisors).

Applicants will be notified by email **on or before December 2, 2024**, about their interview status. If you have not received an email by December 3, 2024, you may email the Training Director at: sbrookswoods@jhu.edu.

All interviews will be held via a secure Zoom platform. Instructions on how to sign up for interviews will be emailed to those invited to interview.

The JHU Homewood Counseling Center internship participates in the computerized ranking system offered by National Matching Services.

IMPORTANT: As is consistent with university requirements, please be aware that our employment offer is contingent upon the successful completion of our pre-employment process, including education, employment, background, and reference checks, and pre-employment drug screening. Employment at JHU also requires compliance with specific immunization requirements (see vaccination policy at: <https://covidinfo.jhu.edu/health-safety/flu-vaccine-policy/>).

Qualifications of Applicants

Applicants must be enrolled in an APA-approved doctoral program in counseling, clinical, or school psychology. **By the start date of internship**, applicants should have successfully completed:

- all required course work
- all required practicum experiences
- comprehensive examinations
- dissertation proposal
- At least 500 doctoral-level intervention hours (excluding assessment hours).

Benefits

The current intern stipend is \$40,000; interns are paid on a semi-monthly basis. Interns are classified as full-time, exempt employees. This means that their stipends are salaried and each pay period remains consistent and separate from any variability in the number of hours worked. Each intern also receives \$500 in professional development funds for conferences and other similar expenses.

The agency covers interns for malpractice insurance and interns are also eligible for all other benefits (medical, health, etc.) afforded to other University employees. Interns are eligible to take all University holidays and:

- Up to 10 days of vacation and 2 floating holidays per year.
- Up to 12 days sick time (interns accrue one sick day/month).
- Up to five days for professional development.



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Student Health & Well-Being
Mental Health Services

Internship Admissions, Support & Initial Placement Data



IN THIS SECTION:
INTERNSHIP PROGRAM ADMISSIONS
FINANCIAL & OTHER BENEFIT SUPPORT FOR
THE UPCOMING TRAINING YEAR
INITIAL POST-INTERNSHIP POSTIONS

Internship Program Admissions

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. Their description must be consistent with the program's policies on intent selection and practicum and academic preparation requirements:

The APA-accredited Doctoral Internship in Health Service Psychology is a 2000 hour, full-time program. **By the start of internship, applicants should have successfully:** 1. Completed all graduate coursework 2. Completed all practicum experiences 3. *Acquired a minimum of 500 AAPI intervention hours (excluding assessment hours) 4. Passed their comprehensive exams.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

Total Direct Contact Intervention Hours:	Yes	Amount: 500* (see above)
Total Direct Contact Assessment Hours:	No	Amount: N/A

Describe any other required minimum criteria used to screen applicants:

Mental Health Services is fast-paced and can get very busy during certain periods. Successful interns quickly learn case management skills under their supervisors and other training staff. **A commitment to diversity and ongoing multicultural awareness work is expected.**

Financial & Other Benefit Supports

Annual Stipend/Salary for Full-Time Interns	\$40,000
Annual Stipend/Salary for Half-Time Interns	N/A
Program provides access to medical insurance for interns?	Yes
If access to medical insurance is provided:	
Trainee contribution to cost required?	Yes
Coverage for family member(s) available?	Yes
Coverage of legally married partner available?	Yes
Coverage of domestic partner available?	Yes
Days of Annual Paid Personal Time Off (PTO and/or Vacation)	10
Days of Annual Paid Sick Leave	12
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	Yes
Other Benefits	\$500 for professional development; Employee Assistance Program; Mental/Dental insurance available; University library and other facilities

Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table.

2021-2024 Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

Total # of interns who were in the 3 cohorts	12	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0	
	PD	EP
Community mental health center	0	0
Federally qualified health center	0	0
Independent primary care facility/clinic	0	0
University Counseling Center	0	4
Veterans Affairs medical center	0	0
Military health center	0	0
Academic health center	2	0
Psychiatric hospital	0	0
Academic university/department	0	1
Community college or other teaching setting	0	0
Independent research institution	0	0
Correctional facility	0	0
School district/system	0	0
Independent practice	5	0
Not currently employed	0	
Change to other field	0	
Other	0	
Unknown	0	

Note. "PD" = Post-doctoral residency positions; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.



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Student Health & Well-Being
Mental Health Services

Current & Former Interns



IN THIS SECTION:
CURRENT INTERNS
PREVIOUS INTERNS

Current Interns

2024-2025

- Justin Harker
- Elaina McWilliams
- Queen-Ayanna Sullivan
- Joel Yao Kwame

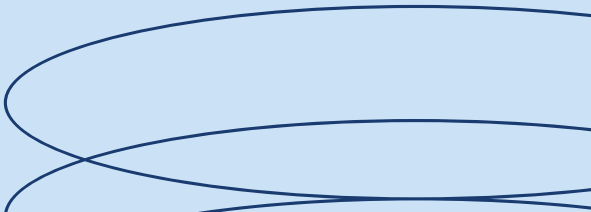
Previous Interns

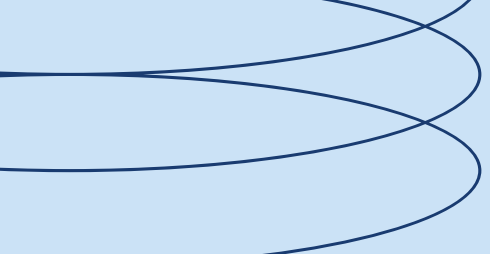
* Note the information on this page may have changed since the last update *

2023-2024

- Meagan Henry, Ph.D., Staff Psychologist, University of Maryland Baltimore, Baltimore, MD
- A. Hernandez, Psy.D., Staff Psychologist, Johns Hopkins University, Baltimore, MD
- Selima Jumarali, Ph.D., Postdoctoral Fellow, Orchard Mental Health Group, Rockville, MD
- L. Blair Simmons, Ph.D., Trauma-Focused Postdoctoral Fellow, The Trauma Resilience and Education Center of Greater Washington, D.C

2022-2023

- Joseph Ocran, Psy.D., Postdoctoral Associate, Yale School of Medicine, New Haven, CT
 - Tanisha Pelham, Ph.D., Staff Psychologist, Coordinator of Services for BIPOC and FLI Students, Georgetown University, Washington, DC
 - Sophie Schuyler, Ph.D., Assistant Professor of Clinical Psychology at Dominican University of California, San Rafael, CA
 - Jerimi Vindua, Psy.D., Staff Psychologist, Georgetown University, Washington, DC
- 



2021-2022

- Rohit Agrawal, Psy.D., Postdoctoral Fellow, Center Focused Therapy, Chicago, IL
- Fatuma Dzilala, Psy.D., Postdoctoral Associate, Yale School of Medicine, New Haven, CT
- Avery Podja Morrison, Psy.D., Psychological Associate, La Jolla Psychologists & Postdoctoral Fellow at The Center for Motivation and Change, San Diego, CA
- Jennifer Oh, Psy.D., MSW, Postdoctoral Fellow, Quince Orchard Psychotherapy, Rockville, MD

2020-2021

- Nyasha Chikowore, Psy.D., Postdoctoral Fellow at Capital Center for Psychotherapy, Washington, DC
- Pham (Tram) Hyunh, Ph.D., Postdoctoral Associate, Yale School of Medicine, New Haven, CT
- Alexandra Lane, M.A., Faculty/PhD Psychologist, NYU Langone Health, New York, NY
- William Nation, Ph.D., Staff Psychologist, Johns Hopkins University Counseling Center, Baltimore, MD

2019-2020

- Lediya Dumessa, Ph.D., Private Practice, Washington Anxiety Center of Capitol Hill, Washington , DC
 - Leyla Mansur, Psy.D., Private Practice, Baltimore, Maryland
 - Grace Schwartz, Psy.D., Private Practice, The Clinic, CorteMadera & San Francisco, CA
 - Hyung Seok Seo, Ph.D., U.S. Psychologist, Seoul Counseling Center, Pyeongtaek-si, Gyeonggi-do, Republic of Korea, 17977
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